

Contents

Acknowledgements	11
Contents	13
Foreword	15
Note to the Reader	17
Recipes	19
Dogs	21
Cats	61
Horses	75
Squirrels	77
Lizards	85
A Recipe for All Animals	91
Conversions and Measurements/ Abbreviations	95
Index	96
About Claudia	98



Bernard's Raw Oatmeal Cookies

Ingredients

- 2 cups raw oat groats (soaked for 8 hours)
- $\frac{3}{4}$ cup dates (pitted and soaked in about $\frac{1}{2}$ cup of water for 2 hours)
- 2 apples, coarsely grated
- 2 carrots, coarsely grated
- 2 tsp. cinnamon

Place the oat groats, dates and cinnamon with $\frac{1}{4}$ cup of the soak water in a food processor and grind until a nice cookie dough consistency is achieved (may need to add more water). Transfer this mixture to a large bowl and add the apples and carrots and mix well. On a mesh dehydrator sheet shape the batter into cookie shape (smaller for dogs, bigger for horses). Keep in mind that the thicker you make the cookie, the longer the dehydration time. Dehydrate the cookies at 110°F, until they reach your preferred texture, approximately 14 hours. Store the cookies in an airtight container in the fridge.